

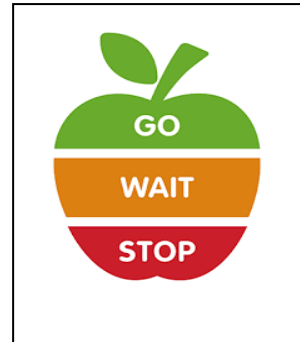
# The Tunnel Tuckerbox

## Term 4 2020

Canteen Manager – Teresa Elzer

Phone 9294 3347

Tuesday, Wednesday, Thursday, Friday



### RECESS

Slinky apple or Watermelon slice	\$1.00
Fruit Kebab	\$1.00
Curly Fries	\$1.00
Pizza Slice	\$1.60
Apple Crumble	\$2.00
<b>SNACK PACK</b> Pizza Slice, Slinky Apple and Cold Milo	\$3.00

### DRINKS

Cold Milo	\$1.20
Water 600ml	\$1.50
Plain Milk Cup	\$1.20
Milk & Sipahh Straw	\$2.00
<i>Chocolate/Strawberry</i>	
Up & Go 250ml	\$2.50
<i>Chocolate/Strawberry/Banana/Vanilla</i>	
Juicee Crush 250ml	\$2.00
<i>Orange/Tropical/Apple/Apple Blackcurrant</i>	
Juice Bombs	\$2.50
<i>Watermelon/Raspberry/Blackcurrant/Vanilla Lime/Orange Passio/Grape</i>	

### EVERYDAY LUNCHES

Spaghetti	\$4.00
Pizza Sub	\$2.50
Crunchy Chicken Wrap	\$4.50
Dinosnacks with Salad	\$4.50

**MEAL DEAL** Ham and Cheese Toastie, Fresh Popcorn and Milk & Sipahh \$6.00

### TUESDAY ONLY

Sushi-Teriyaki Chicken \$6.00

### FRIDAY ONLY

Lite n up Sausage roll \$3.50

Lite n up Pie \$4.50

Sauce  
.40c

### ICECREAMS AND ICY TREATS

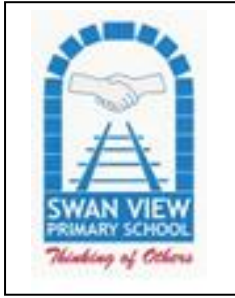
TNT Ice Pops	\$1.00
<i>Blue Rasp/Red Berry/Lemon</i>	
Quelch Icy Pole	.70c
Vanilla Bucket Ice-cream	\$2.00
Billabong Ice-cream	\$2.50
<i>Rainbow/Chocolate</i>	

### SANDWICHES, ROLLS, WRAPS, TOASTIES

Ham	\$3.00	with Salad	\$4.00
Chicken	\$3.00	with Salad	\$4.00
Egg	\$3.00	with Salad	\$4.00
Vegemite	\$2.00		

### EXTRAS

Lettuce, Tomato, Cucumber, Carrot,	
Corn or Beetroot	.30c
Mayo, Sweet Chilli or Sour Cream	.30c
Cheese	.80c



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### Welcome back to Term 4.

**Food Safety and Hygiene** is very important at the canteen and we will continue to take the extra steps to ensure the safety of our students. There is a barrier at the front counter and extra cleaning. We encourage students to wash hands, use sanitiser and not to touch food, counter or bars. They are to line up, respecting others personal space.

**Ordering** - As we would still like to reduce cash handling, it would be appreciated if orders are placed online or by writing recess and lunch orders on a bag or envelope with correct money. Place the bag in the designated box located at the canteen. Students to drop off orders by 8.45am, all other orders to be placed by 9am.

**Buy lunch bags at the canteen 20 for \$1.00**

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**How to get started:**

- Visit [www.Quickcliq.com.au](http://www.Quickcliq.com.au)
- Sign up by completing the registration form
- Receive a confirmation email with activation link
- Activate your account and login to the website
- Add a student and nominate their school
- Order whenever you like

**How to order meals:**

Select a student    Select date    Add items    Confirm

*It is that simple! It is our job to make your life easier.*

Using QuickCliq helps you stay organised, order up-to four weeks in advance.

SAFE & SECURE    SUPPORT LINE: 1300 11 66 37    ORDER 24/7

**TRAFFIC LIGHT SYSTEM**

Our canteen adheres to the guidelines set out by the Department of Education Healthy Food and Drink Policy

**Choose well. Feel great.**  
Making healthy choices easier

**Best choice**

**Choose carefully**

**Limit**

For healthy eating see our [nutrition guidelines](#)

