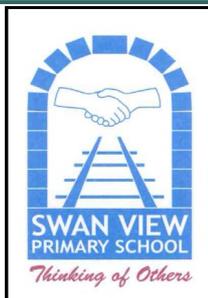


Swan View Newsletter

Term 1 2016

Telephone: 9294 1522 Fax: 9255 2086

18th February 2016



Students are to arrive at school between 8:30am and 8.45am.

The school day begins at 8.45am.

After that the student is deemed to be late.

Coming Soon

24th February
Assembly A6
C4 announcing

1st March
Whole School Reward

3rd March
School Clean Up
Australia Day

Office Hours:
8:00am –
4.00pm

From The Principal's Desk

Dear Parents, Carers and Staff,

LAZY CHILD

If you find that despite your best efforts, your child prefers watching TV, playing video games or sniping at you every time you ask a chore to be done, you're not alone. Many parents fear they're raising a lazy child. The good news is, many children who appear lazy, aren't actually lazy at heart. Instead, they often need someone to identify what's holding them back from being productive.

DETERMINE THE ROOT CAUSE OF THE LAZINESS

Don't confuse laziness with defiance. They might refuse to do as you ask in an attempt to test their limits. Your child might be frustrated, for instance with homework they can't understand so they refuse to even get started. Determining why your youngster is unwilling to start or complete tasks is the first step into figuring out the best kind of motivation.

CREATE EXPECTATIONS, REWARDS AND CONSEQUENCES

Clearly state what you expect from your child, using 'I' statements. This might mean saying, "I want you to do your homework now", or "I want you to practise your instrument for 30 minutes". Once you state your expectations, give your child an opportunity to complete the task. If they don't get moving, follow through with a negative consequence like no TV time or taking away their devices until their work is done. On the other hand, hard work should be rewarded. While basic daily tasks such as household chores, homework or even just getting ready for school do not require rewards, going above and beyond does. Make the rewards small but enjoyable – a hug and a smile are often enough.

CULTIVATE INTEREST

Remember Newton's First Law of Motion: An object at rest stays at rest. An object in motion stays in motion. If your child frequently lazes about around the house, it will be harder to get them up and motivated. Cultivate interests and activities that will boost overall productivity.

A good start is to cultivate a desire to get more physical exercise by attending sporting events or playing rounds of tennis or basketball. Join your child in these activities to help show them that physical activity can be more fun than lazing around.

ENCOURAGE, DON'T CRITICISE, BUT DON'T ACCEPT POOR WORK EITHER

It's not only important to encourage your child, but also to encourage them appropriately. It's not enough to tell a lazy child how smart they are. Constantly telling your child they are smart builds the impression that it comes naturally and, therefore, they don't have to work harder. Instead, praise the effort, even if that hard work doesn't always pay off. But insist on the hard work. Never accept a poor job when you know they have barely exerted themselves and done only the bare minimum.

Acknowledgement: Amy Morin

Brickbats and Bouquets

Bouquets to the two Student Councillors, Declan and Alfie, who cared for a child who was unhappy at lunch on Tuesday.

Bouquets to the many students who find lost articles and bring them up to the office. So many responsible children who are civic minded.

Bouquets to the two high school students (ex students of ours) who rescued a bike stolen by our own students last Thursday.

Cheers, Marg



Sports News by Mr Peterson

In2cricket Clinics-This term



During this term, Mr Peterson will be running a program on in2cricket after school. The clinics will be open for year 1-4 students and will run for 6 weeks, starting on Thursday 25th February until Thursday 31st March.

There will be a cost of \$75 involved, however if the amount is an issue, parents with health care card can have the cost funded by Kidsport through the Shire of Swan. The cost covers the clinics and a bag of equipment including a shirt, bat, ball, cap and water bottle.

The clinics will focus on fun and participation, while also promoting the skills of cricket and will hopefully encourage students to continue playing cricket in future years at our local cricket club.

Notes have been sent home and registrations (including payment) need to be done on the first day, Thursday 25th February, from 3.30pm.

If there are any parents/carers who would be willing to come along and help Mr Peterson run the sessions, it would be appreciated. Please let the school know if you are available to help.

Regards, Mr Peterson.

ATTENDANCE

To give your child the best chance of success, ***YOU MUST SEND YOUR CHILD TO SCHOOL EVERYDAY.*** The school tries to support and encourage children to set an attendance goal that is as close to 100% as possible. If you look at the table below you will see that time missed soon adds up to a lot of missed education. ***YOU ARE NEGLECTING YOUR RESPONSIBILITIES IF YOU LET YOUR CHILDREN STAY AT HOME OFTEN***

Period of Absence (Years 1-10)	Rate of Attendance	Equivalent amount of school missed if the percentage rate is maintained between years 1-10
0-2.5 days missed per term	95%-100%	0-6 months
Average if 5 days missed per term	90%	1 Year
1 Day missed per week	80%	2 Years
1.5 days missed per week	70%	3 Years
2 days missed per week	60%	4 Years
2.5 days missed per week	50%	5 Years
3 days missed per week	40%	6 Years

At Swan View Primary School, lessons start time is 8.45 am. ***TOO MANY CHILDREN ARE COMING TO SCHOOL LATE AND MISSING VALUABLE LESSON TIME.***

YOU ARE THE PARENTS AND CARERS AND YOU ARE RESPONSIBLE TO GET UP EARLY ENOUGH AND GET YOUR CHILDREN TO SCHOOL BEFORE THE SIREN GOES.

We are here to support you with your child's attendance. Please contact us if you require any further assistance in helping your child to improve attendance so that he/she can optimise learning opportunities.

Canteen News by Teresa Elzer

Some Important information

The Tunnel Tuckerbox canteen adheres to the guidelines set out by the Department of Education Healthy Food and Drink Policy by using the **TRAFFIC LIGHT SYSTEM**

GREEN – Fill the menu. Breads high in fibre, fruits and vegetables, low fat cheese, low fat milk, low fat yoghurts and fat free meats.

AMBER – Select carefully. Processed foods, pre-packaged foods containing moderate levels of fat, sugar and salt.

RED – Off the menu. Chips, chocolate, foods high in fat, sugar and salt.

The Traffic Light System ensures a wide range of foods that make up the majority of a healthy diet are on the menu. These easy to follow signals help plan menus full of healthy, nutritious and affordable food for your children.

HOW TO ORDER

ONLINE – Visit ouronlinecanteen.com.au and sign up by completing the registration form. Receive a confirmation email. Log into the website. Select your school and enter your child/ren names. Add credit and order your meals. What to do if you need help? Call 1300 116 637

OVER THE COUNTER – Write recess and lunch on bag, include name and room number. Place money in the bag and fold down. Bring to the canteen. Lunch bags can be purchased at the canteen - 20 for \$1 For any queries or you would like to volunteer please call into the canteen.

TERESA CANTEEN MANAGER 9294 3347



Alysha Reynolds had the "fruit" cake with Strawberries.



Hellen Martins had the cup cakes



Mary-Jane Dodds had the "fruit" cake with grapes.

Happy birthday and best wishes to the following students who used our birthday service:

P & C News by Sarah Mitchell

Being part of the P & C is a rewarding experience. You get the opportunity to meet and talk with people you normally would not cross paths with. You can develop skills that may aid you in the future.

Volunteer forms from the P & C have been sent home with your child with many options available to assist in the P & C. We have fundraising, breakfast club, school banking, canteen, gift stalls (Mother's day, Father's day etc). Please feel free to contact the office or Sarah Mitchell if you have any further questions. Please return the form to the office if you are interested. Thank you.



The first P & C meeting will be held next Wednesday, the 24th Feb in the library from 3.15–4.15 We are in desperate need of members to fill our quorum If these positions aren't filled then the P & C will fold, which means there will be no events organised such as Mothers Day/Fathers Day stalls, end of year book awards, school fete, no dress up days etc. There would also be the threat of having to close the canteen , so if you are able to spare some of your time to contribute to the welfare and benefit of your child throughout the school please contact Sarah Mitchell on 0405 796 812. Thank you

Uniform Shop News by Sarah Mitchell

The Uniform Shop

Our apologies to the parents who have been waiting for availability of uniforms. Orders were made at the end of last year, but unfortunately there has been a hold up in production. We expect them to be available by week 8. Uniform shop times are Wednesday mornings 8.30-9.15, Friday mornings 8.30-10.00am.

Breakfast Club



Many thanks to the volunteers past and present for all their volunteering of time to enable our breakfast club to continue.. Breakfast Club is available to all students on a Monday, Wednesday and Friday morning between 7.45am and 8.20am.

If there are any parents/carers who are available to help it would be much appreciated. If so, come into the office and put your name down.

Book Club

Issue 1 for 2016 is now out and the due date for orders is 19th February. Orders can be taken for a short time after the due date, please contact Lynda on 0438 312 984 if you wish to place a late order or if you have any other enquiries regarding bookclub.

Please note that the brochures will no longer be stamped with the due date. You can expect the Issue to be valid for up to 1 month after the release. An approximate due date will be advised in the school newsletter



Book Club

My World child care before/after school & vacation care

Vacation Care programs are planned with the input of your children, filled with lots of exciting activities and opportunities for your children to continue to explore their interests, individuality and strengths.

My World Child Care is a place in which your child's needs are met, their interests are followed, their world view is valued and accepted.

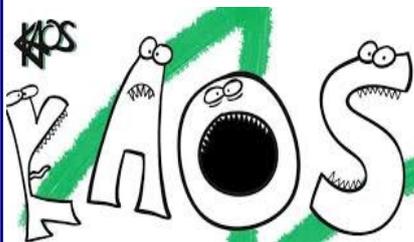
A place they can own and feel safe and a place they can "Think BIG" and dream, because who knows what they can achieve?

Located at 33 Beaconsfield Ave, Midvale

For more information please contact 9250 7776 or email: myworldm@bigpond.com or www.myworldcc.com.au



Swan View KAOS (Kids Activities Out of School)



Sports and Craft

For ages 8-11 years 3.30-5pm during the school term.

Activities include basketball, badminton and craft.

Main hall at Brown Park Community Centre Amhurst St, Swan View

Food and drinks provided. There is NO CHARGE to join in.

For more information contact Kaye on 9290 6681 or email mcd@mundaring.wa.gov.au

St Anthony's After School Religious Education Classes

These classes are to prepare children who do not attend Catholic schools to receive the Sacraments.

These classes take place every Tuesday during school term from 3.45pm-4.45pm at St Anthony's Primary School.

If you have any questions please contact St Anthony's Parish office on 9294 3504.

